

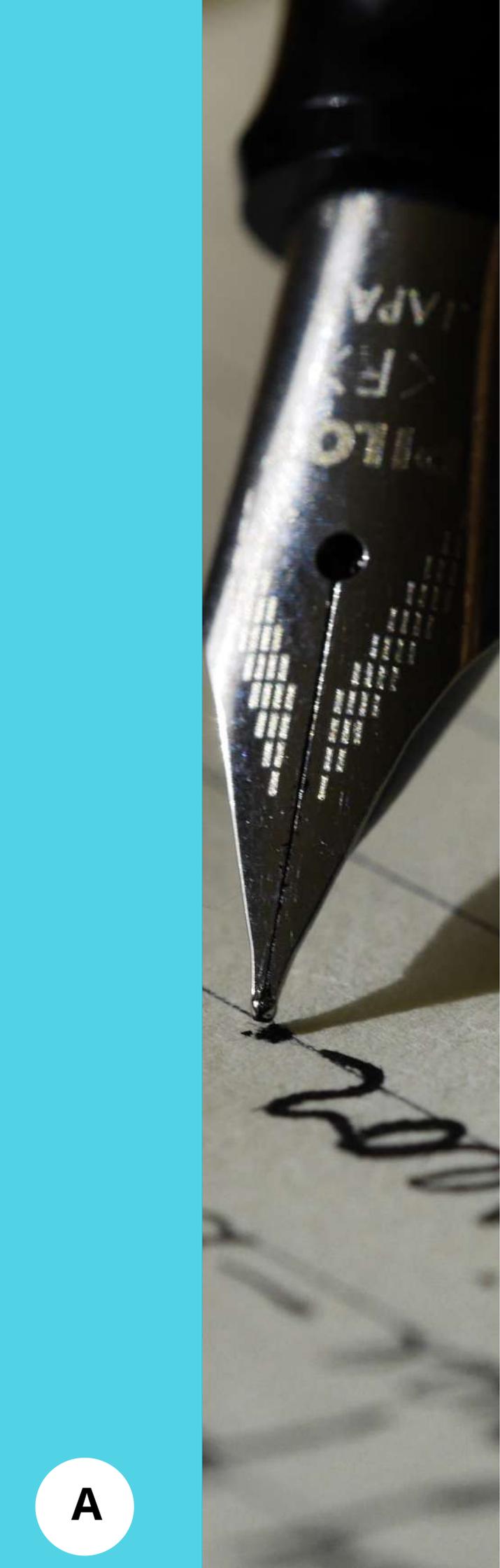
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DEAN & CAUVIN YOUNG  
PEOPLE'S TRUST

IMPACT REPORT 2020

# IMPROVING LIVES IN SCOTLAND SINCE 1733





# A WORD FROM THE CEO

Welcome to the first Dean & Cauvin Young People's Trust Social Impact Report.

Everyone at the Trust is dedicated to our mission which is to see every young person who comes through the Trust reach a positive destination. The people we work with face many barriers and we work with them to break this cycle of poverty, poor mental health, low self-esteem and low confidence by providing the right support to empower them and get them back on the right track. We are diligent about understanding the impact of our work - seeing what is effective and continually learning to improve our services. Part of this is to gain the views of our young people to help shape how our services are run.

The Trust continues its long association with The City of Edinburgh Council through the placement of young people in our residential units, and ongoing support for young people who transition out of care through our aftercare service. Our recent expansion into fostering through our agency ROOM4U currently sees the Trust working with six other local authorities and we expect this to continue to grow.

During these unprecedented times I would like to take this opportunity to thank all our employees and volunteers who have continued to perform under immense pressure. The effects of Covid-19 will impact all of us over the coming years, but I am confident that the Trust will adapt to the 'new normal' and challenges that will present themselves. Thank you also to all our funding partners who have supported us during this time.

I hope this report will give you a glimpse of our successes and challenges and inspire you to get involved in some way.

**PAMELA KIDD**  
CHIEF EXECUTIVE OFFICER

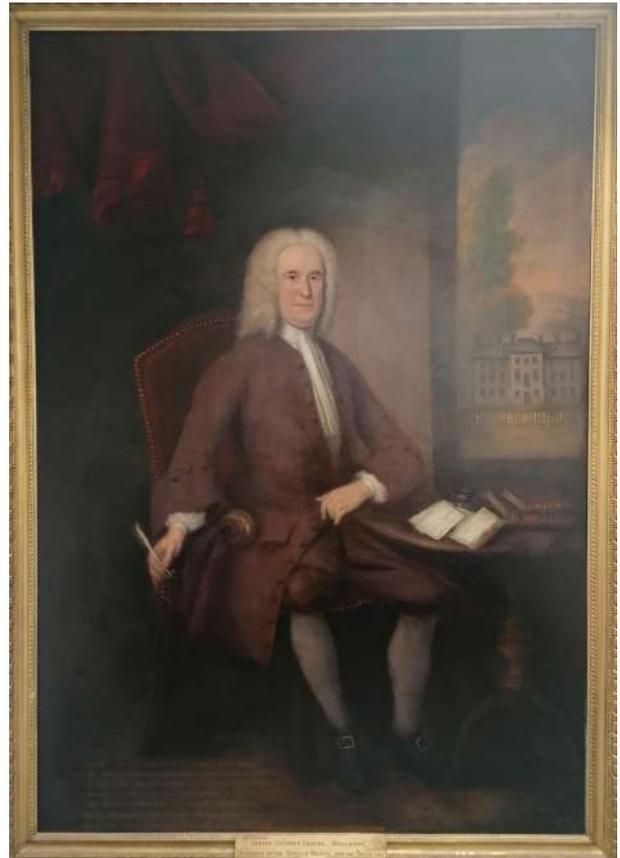
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# A GLANCE AT 287 YEARS OF CARE GIVING

Dean and Cauvin Trust has come a long way since its inception in 1733. It all started when Edinburgh merchant, Andrew Gairdner, approached other local businessmen in a bid to raise cash to aid the poor and homeless children of Auld Reekie. From the very first “Orphans’ Hospital” to the Dean Orphanage and beyond, the goal has been to provide shelter, education and support to some of the city’s most disadvantaged young people.



Social care attitudes and regulations have changed almost immeasurably since Andrew Gairdner’s time. These days the Trust provides residential care to young people and also to young mums and their babies. There are Aftercare services, Group work sessions, activities and outings, and support in transitioning from care to living independently in the community.

The Trust continues to evolve and expand. Thanks to a committed and enthusiastic staff, the young people who come through Dean and Cauvin’s doors can look forward to a promising future.

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The Trust provides a range of supports to young people making the transition from being looked after and accommodated to living independently in the community.

Our foster carers provide skilled care and support to the young people so that placements last as long as needed and benefit the young people and babies concerned.

We provide a range of supported residential placements and single supported tenancies to young people between the ages of 15 and 21 years and offer a 'Continuum of care' based on early intervention and relationship-building to young people through our dedicated Through-care and Aftercare Service.

Our residential service at Cauvin House provides accommodation to young mums and their children, offering parenting support and assessment, in order to keep families together.

We also offer a community base care and support package provided from the Through-care and Aftercare Service at the end of the residential placement.

Dean & Cauvin also runs Room4U, a fostering service providing high-quality full time and short break foster placements for teenagers and young parents and babies accommodated by local authorities in Scotland.

Below: What was the Dean Orphanage, now the Scottish Modern Art Gallery (no.2).



# FROM THEN TO NOW

## Establishment of Dean & Cauvin

Dean & Cauvin was founded in 1733 by Andrew Gairdner, a local merchant. It opened its door for 30 orphans



1733

- ✓ A new building was erected.
- ✓ It provided purpose built "hospital" accommodation in 1735 capable of housing increasing numbers of abandoned children.

1739

- ✓ A wash house and laundry, a large school room, and apartments for the sick were constructed.



1824

1733

- ✓ Mr Gairdner purchased part of Pauls Work (pictured).

1735

- ✓ In 1739, when Mr Gairdner died, there were seventy-four young people being cared for and educated in the Orphanage.

1812

- ✓ Louis Cauvin, fled to Edinburgh in the 1750s. Before his death, he bequeathed a hospital to provide for the maintenance and education of 20 boys.
- ✓ Cauvin's Hospital building was sold to developers and the building is now the centrepiece of housing for the elderly. A smaller home in the same area was purchased and named Cauvin House.



- ✓ The children attended the local Dean Village School, which is pictured in the 1930s.

1950s

- ✓ Trust adapts to changing needs and focusses on supporting teenagers and young mothers and babies

2000s

## Aftercare Group

- ✓ Dean & Cauvin launched a new service for young people which is called Aftercare group. The group consists of young parents from Cauvin House as well as those who use our Aftercare services.
- ✓ Room4U approved the first parent and child foster

2020

1930s



- ✓ The orphanage closed its doors and the building was sold. Later on it became the Dean Art Gallery. A smaller residential unit was established at Dean House at Ravelston. Several years later Dean House was sold and the current premises at Portland Street were purchased.

2010s

- ✓ Dean & Cauvin purchased a caravan at Haven Berwick to be used by the young people as well as renting it to have more ways of getting fund

- ✓ The trust is getting more fund to support the young people in Edinburgh and assisting them making the transaction from being in care to independency.
- ✓ The trust approved building up a new residential unit



The main services at Dean & Cauvin Young People's Trust:

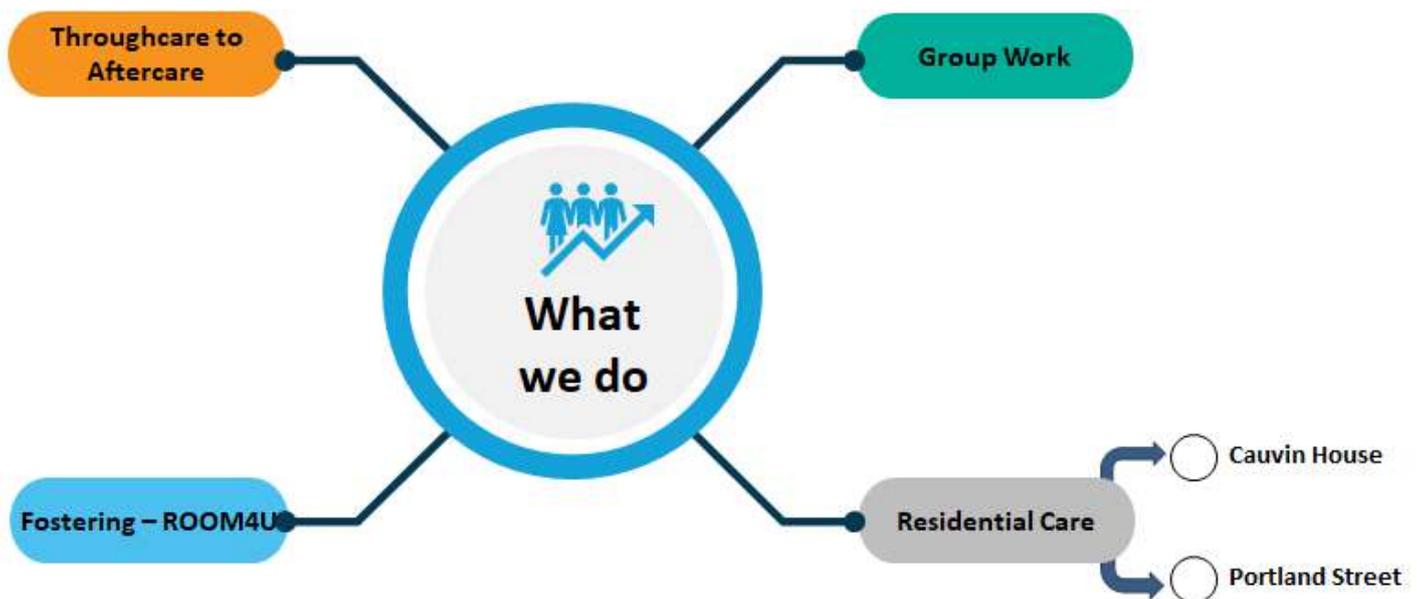
### 1. Throughcare to Aftercare:

The Aftercare service provides a continuum of care and support, commencing early in the young person's placement at Portland Street or Cauvin House. Promoting a natural development of a supporting relationship that is well established by the time young people are ready to move on to less supported accommodation. Each young person has an allocated aftercare worker and initially sees them monthly. The contact increases when young people are coming to the end of their stay and continues once they move into their chosen accommodation.

The service provides a holistic range of both practical and emotional supports to young people leaving residential care in a person-centred approach, with specialised support to young parents to develop positive parenting. Young people can receive support from the Aftercare Service until they are 26 years of age.

### 2. Group Work:

Since 2004 we have provided a user led Parenting Group, which provides peer to peer support for young parents, around all aspects of child development and child health and provides a valuable social outlet for young parents and their children.



### 3. ROOM4U Fostering Service:

Providing high quality full time, short breaks and continuing care foster placements for teenagers and young parents and babies accommodated by local authorities in Scotland. Our foster carers provide skilled care and support to the young people in placement so that placements last as long as needed and benefit the young people and children concerned. We offer services that are equally available to all young people and are sensitive to their needs combined with intensive through care and after care services, supporting young people to achieve positive destinations once they leave care. Our carers also provide specialist parent and child placements offering nurturing care and support with our aim being to maximise the chances of babies being cared for successfully by their parents.

### 4. Residential Care:

Across two residential services at Portland Street and Cauvin House in Edinburgh we provide homes for young people aged 13-21 years. Young people are supported to develop their life skills, resilience and confidence to move towards independent living. Our residential services provide a nurturing environment that supports young people to feel loved, safe, respected and helps them to realise their full potential. Our services are consistently assessed by the Care Inspectorate as providing very high quality, person-centred services.

Cauvin House provides residential care to young mothers and their babies. Portland Street houses up to five young people. All young people that have been in our care are also provided with our high-quality aftercare service.

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## This year we:

Accommodated

12

Mothers and  
babies

Accommodated

14

Young people

Distributed over

100

food parcels to  
service users

Partnered with

25

organisations  
across Scotland  
and the UK

# COVID-19

The lockdown and subsequent restrictions have been devastating to so many people, especially those who are classed as vulnerable. Our service teams have worked tirelessly over the last few months and continue to provide support during these times.

## 25 YOUNG PEOPLE & 19 CHILDREN

have been receiving support by the Aftercare service.

## 10 PHONES & IPADS

have been given to individuals to keep them connected to their families.

## 5 BIKES

have been given to young people and children to keep them fit and to tackle mental health issues.

## 2 COOKERS

have been given to young families.

## 6 YOUNG PEOPLE

received support with utility bills.

## MORE THAN 30 VOUCHERS

have been distributed to families and young people for food and clothing.

TOGETHER  
WE WILL GET  
THROUGH  
THIS

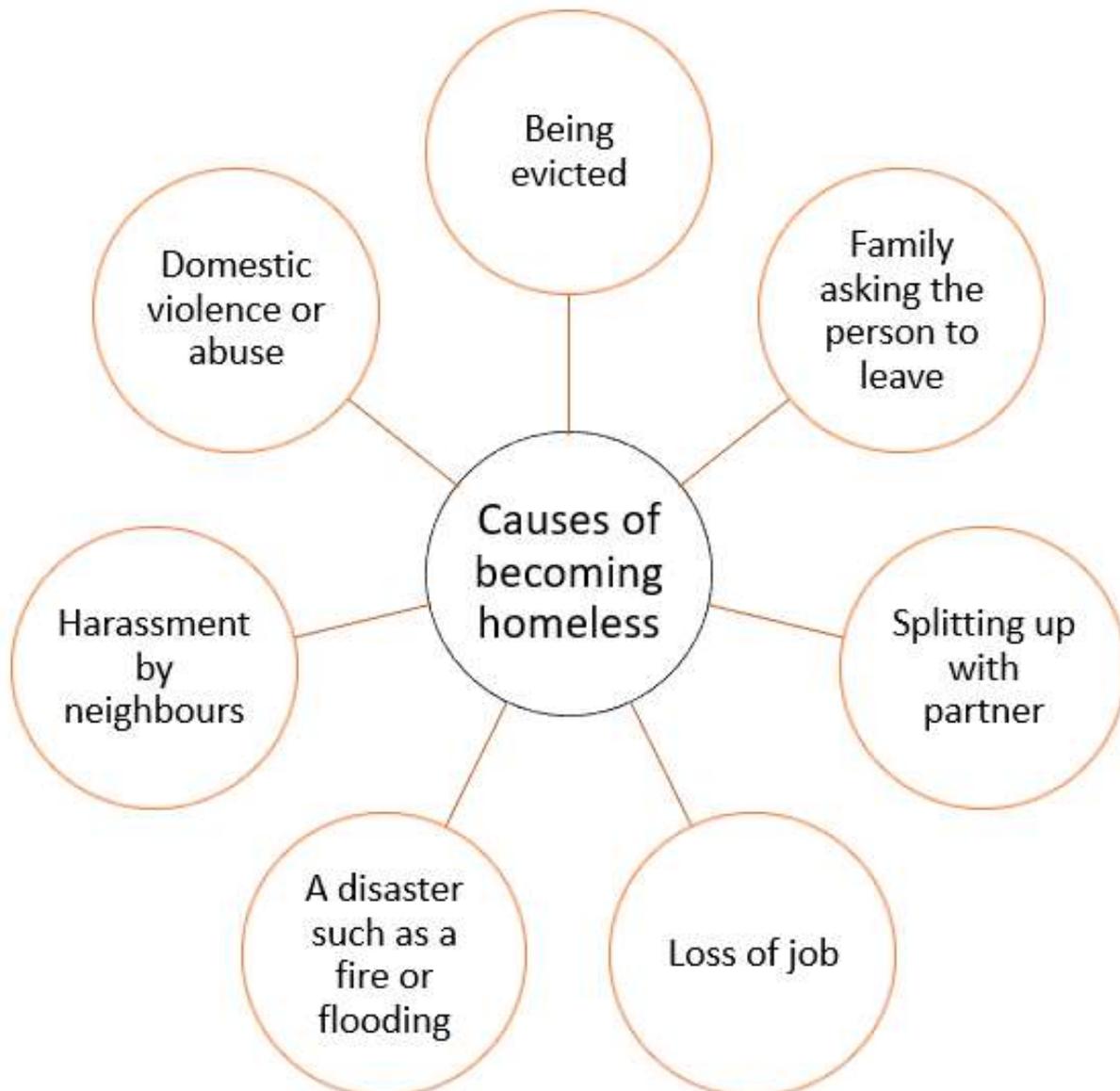


# Types and Causes of Homelessness

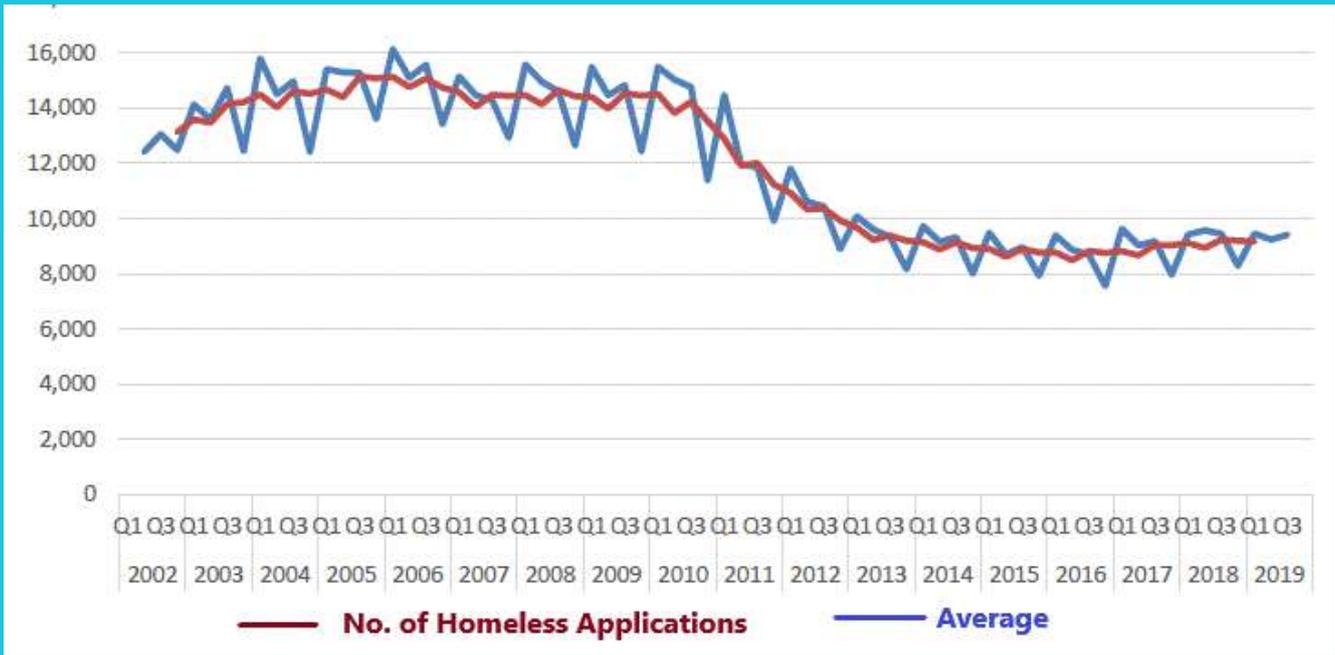
## TYPES OF HOMELESSNESS:

According to Shelter, there are three types of homelessness which are:

- Rough sleeping
- Statutory homelessness
- Hidden homelessness



# HOMELESSNESS IN SCOTLAND



Homelessness is devastating, dangerous and isolating. People sleeping on the street are almost 17 times more likely to have been victims of violence. More than one in three people sleeping rough have been deliberately hit or kicked or experienced some other form of violence whilst homeless.

Homeless people are over nine times more likely to take their own life than the general population.

## Homelessness in Scotland:

The Scottish government released a report\* recently about homelessness in Scotland which shows a decreasing trend of about 9000 applications over the last 10 years. Whilst an encouraging trend, the number of homeless people is still very high.

In 2019/20 more than

**£1.4M**

was spent on charitable  
activities

Over

**£13K**

*was raised in donations and  
fundraising activities*

## LOOKING FORWARD

During the last year, many changes have occurred across the world, and the impact is felt by the Trust.

We have utilised this period to upskill our staff, move the workplace 'online', and reflect on our practices.

The year ahead already looks like one that will feature some significant changes.

## NEW BUILDING

The Trust is in the early stages of building a new residential home for our young people to replace the premises at Portland Street. This unit will accommodate an extra bed and will be more suited to the needs of our young people and staff. All things going to plan, we hope to move in by October 2022.

## NEW POSITIONS

We have received funding for a Health Improvement Parenting Worker, and Connecting Care Leavers Worker which we will be recruiting for in the new year.

## NEW PARTNERSHIPS

We are always on the lookout to partner with other organisations to help us deliver services to our young people and those who may be in a position to support us financially.

## FOSTERING

The ROOM4U fostering service was set up to meet the need that was facing so many young people in our society. We know that young people who are taken into foster care are more likely to have a better chance of reaching their potential. We will continue to expand our fostering service into the next year.

Find out more at [ROOM4UFOSTERING.ORG.UK](https://ROOM4UFOSTERING.ORG.UK)



**Dean & Cauvin Young People's Trust**  
Improving lives in Scotland since 1733



[deanandcauvin.org.uk](http://deanandcauvin.org.uk)



[room4fostering.org.uk](http://room4fostering.org.uk)



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