

The Dean Digest

Supporting Young People Since 1733



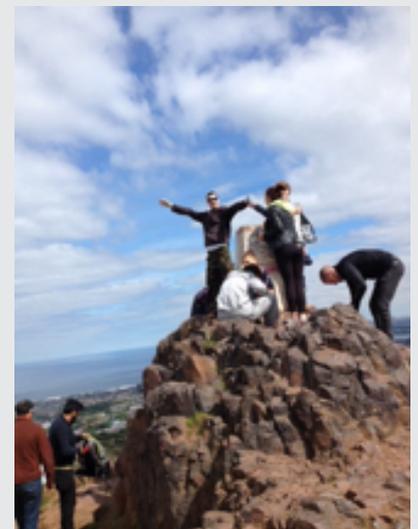
Dean and Cauvin Trust has come a long way since its inception in 1733. It all started when Edinburgh merchant, Andrew Gairdner, approached other local businessmen in a bid to raise cash to aid the poor and homeless children of Auld Reekie. From the very first "Orphans' Hospital" to the Dean Orphanage and beyond, the goal has been to provide shelter, education and support to some of the city's most disadvantaged young people.

Social care attitudes and regulations have changed almost immeasurably since Andrew Gairdner's time. These days the Trust not only provides residential care to young people and to young parents and their babies, there are Aftercare services, Group work sessions, activities and outings and support in transitioning from care to living independently in the community.

With the current development of a teen fostering service, the Trust continues



to evolve and expand. Thanks to a committed and enthusiastic staff, the young people that come through Dean and Cauvin's doors can look forward to a promising future.



Top stories

Funding Updates	P2
Room4U teen fostering	P3
Movin on... in!	P4
Meet the staff	P5
A support system that works	P6
Contact us	P7

In the next issue

Funding/donor news
Searching the Archives
Fostering update
History of the Trust
Our Young People

Welcome from the Chief Executive



Pamela Kidd
CEO

Welcome to the first issue of our quarterly Newsletter. I hope you enjoy reading about the work that we do. We are proud of our great staff, who show real commitment and care for all those young people's lives that we have the privilege of

touching. It is so rewarding watching young people grow and reaching positive destinations.

Throughout the long history of the Trust we have expanded and developed the services we offer in response to the changing needs of our service users. With your help, we can continue reaching out and making a real difference in the lives of vulnerable young people. We currently provide residential care to young people aged 15-21 or young parents and their babies. We also offer Aftercare and Transitional services, which support young people in the

community up to the age of 26. Room4U is our new teen fostering service, which will offer foster placements to young people aged 13+ and young mums and their babies.

We continue to seek funding to expand our services, which will enable us to reach out to more young people who need support. I would like to take this opportunity to thank all our supporters, both past and present. We would not be able to do what we do without your contributions.

Thank you on behalf of all those who benefit from our services.

Funding Updates

We have been busy with funding applications recently, which has paid off! We have received £150,000 from Big Lottery towards our Aftercare Service as well as £9,700 from them for our new adolescent fostering service. We have also had £750 donated by Cruden Foundation and are waiting for a response from several others, including Children in Need and The Robertson Trust.

Scott-Moncrieff Bake Sale



Scott-Moncrieff has been a supporter of Dean and Cauvin Trust for over 200 years! Staff at their Edinburgh office recently held a bake sale to raise funds for the Trust, resulting in a donation of £607.50. Thanks to everyone who either baked or ate!

Artwork Auction



Above, a portrait of Robert Scott-Moncrieff which recently came under the hammer at Bonhams.

Bonhams Edinburgh was the venue for a recent Scottish art sale in which Dean and Cauvin had several paintings listed. The paintings in question had either been on loan or in storage for many years. The proceeds raised from the auction are going towards the costs involved in setting up our Room4U teen fostering service (see Page 3 for details).

White Stuff®

We are delighted to announce that retail chain White Stuff have nominated Dean and Cauvin as their George Street, Edinburgh store's charity partner.

Richard Wood, Edinburgh store manager said "In the Edinburgh store we are very committed to our charity work...and have a very engaged team who will really get behind this." Find out more about White Stuff at www.whitestuff.com/our-story/

Introducing our new Teen Fostering Service - Room4u

Foster Carer Recruitment

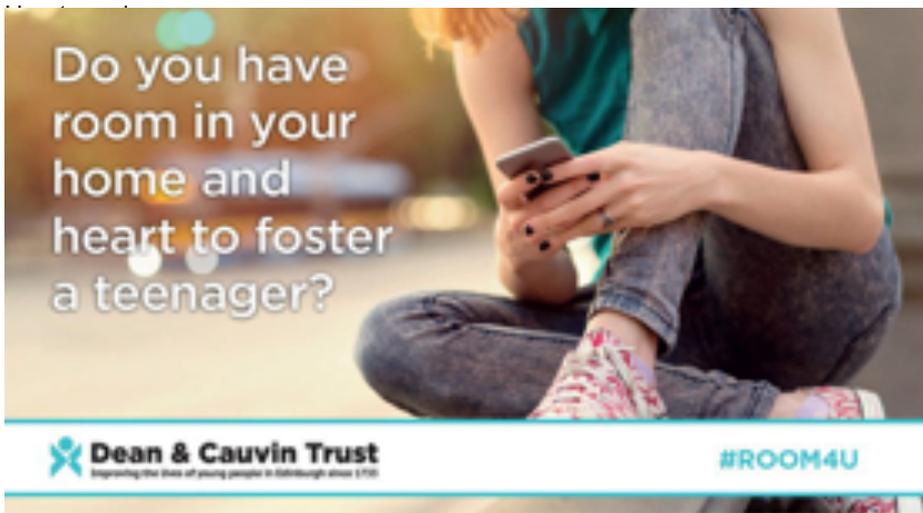


Naomi Selim, DCEO, and Liz Pitcairn, Board Member, man the stall at the Gyle recruitment event

Staff, consultants and a Management Board member have been very busy over the last two months delivering a foster carer recruitment campaign. We have advertised on Radio Forth, in the Scotsman and Evening News and with S1 Jobs.

We have also been in the programmes and on the LCDs at

Livingston football clubs. Some of us staffed stalls in the Gyle and Livingston shopping centres, giving out leaflets and chatting to shoppers. We also went round all the local libraries, GP surgeries and community centres giving them leaflets and posters and paid a leafletting company to distribute 2,000 leaflets locally. All of this activity also put a lot of pressure



 **Dean & Cauvin Young People's Trust**



Kirstie Maclean, Temporary Fostering Manager

on the admin staff and they have risen to the challenge admirably. The result so far is 27 enquirers, six households attending information drop ins and five households making applications.

The "Skills to Foster" preparation course will be delivered over a fortnight starting and then we will undertake assessments of the applicants. Hopefully, we will have our first ever foster carers approved by November 2017. Many of you will already have got to know Debra Paterson who is our part time fostering admin assistant. Tanya Gray, who started as the permanent fostering service manager in June has brought a wealth of knowledge and experience to the role. Both Debra and Tanya have proved to be invaluable additions to the team!

For further information on our teen fostering service, Room4U, please call Debra Paterson on 0131 297 7322 or email fostering@deanandcauvin.org.uk or debrap@deanandcauvin.org.uk

News from around the Trust

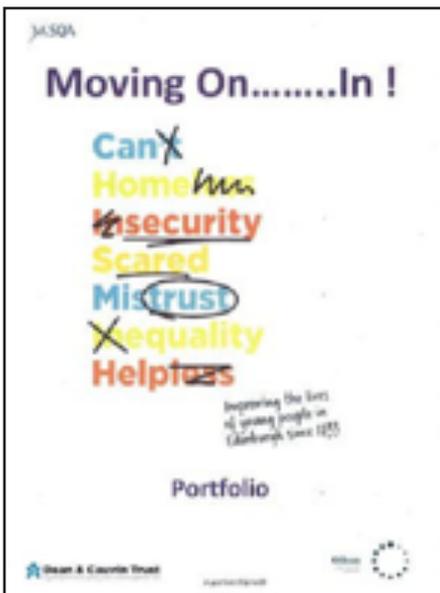
Aftercare "New Babies" Group

June saw the start of a new Aftercare group for young people and their babies. The New Babies Group consists of young parents from Cauvin House as well as those who use our Aftercare services. Fiona Liddle, Groupwork Coordinator and Shona Johnston, Groupwork Facilitator organised an afternoon get together to launch the group, which was very well attended. It is hoped that the new group will go from strength to strength and that the young parents will gain valuable parenting skills and will take advantage of the support on offer from the Aftercare team as well as the fellow group members



Transitional Development Team

**"Movin on... in"
developing at pace!**



The transitions team are really pleased with how their Transitional Programme has developed. The programme has now been fully linked to the SQA National Progression Award in Tenancy and Citizenship at SCQF level4.

Team manager Richard Costigan commented "The award is an added bonus to what is a very detailed and thought provoking programme to support young people transitioning from being looked after and accommodated to living independent lives"

The programme goes beyond the traditional views of tenancy preparation and brings to light for young people the holistic nature of coping with all aspects of adult life. The completed program has successfully

been shared across the Trust and has been received warmly. Luke Suddaby (Transitional Support Worker) is currently working with a number of young people to undertake the award. Luke commented "The programme has been positive in helping young people, get a real flavour of what's involved in being a tenant and citizen and enabled young people to make an informed choice about when and how they plan to move on"

The programme has been purchased for roll out within Edinburgh Secure Services and Falkirk Council's Tremanna Unit. We are also in the process of developing a programme for Carolina House Trust, Dundee, which demonstrates the demand for this programme in providing good 'Throughcare support and planning' with young people.

Dean and Cauvin Counselling Service

The Counselling service has been developed to provide young people with the opportunity to access therapeutic support through a space that they are familiar and comfortable with.

We have recently entered into a pilot project with the Pastoral Foundation, who have sourced a counsellor. Shirley Thomson is now working from St Johns Road on a Tuesday afternoon providing 3 sessions per week.

Spaces are available for young people to self-refer and a referral form can be found on the Web server. For further information contact Richard Costigan on 0131 297 7311 or 0131 316 4994. Email: Richardc@deanandcauvin.org.uk



News from around the Trust

Residential Units A Very Special Day

On 31st March 2017 Portland Street's night worker Lianne Cairns married Paul Thomson at Duddingston Golf Club. All the young people were invited, enjoyed dressing up for the event and had a great time on the day. Lianne pointed out that "we spend so much time in work telling the young people how important they are to us it feels only right to have them there for my big day."



Meet the Staff



Luke Suddaby
Transition Team

Hi there, I am the Transition Support Worker for Dean and Cauvin and work with young people across our Residential and Aftercare services to prepare them for, and support them in, their journey to adulthood.

I have been with Dean and Cauvin for two years and previously worked with care experienced young people in supported accommodation. I love working with young people and feel privileged to be part of their life.

I am originally from Shetland but spent six years in Glasgow before moving to Edinburgh.



Amy Carrigan
Residential Worker

Hi my name is Amy, I have worked for Dean and Cauvin Trust since November 2011 after completing a HNC in Social Care. I have thoroughly enjoyed my work with the Trust.

It has given me many opportunities to develop my knowledge through both in-house and external training.

As a residential worker I get to do what I feel extremely passionate about - building and maintaining relationships with young people whilst supporting them to make the transition towards independence.

I believe every young person deserves a chance to fulfil and achieve what they want to and I make it my duty to ensure that I support them to the best of my abilities to achieve this.

Staff tidbits

Welcome to **Tanya Gray**, Fostering Manager. Her predecessor, **Kirstie Maclean** is now looking forward to her well deserved retirement.

Births

Pamela Kidd (CEO) welcomes her newest grandson, Arthur.

Susan Whitelaw (Admin Team Leader) has a beautiful new granddaughter, Rosie.

Holly Forbes (Aftercare Support) and her partner Gareth are proud first time parents to a bouncing baby boy, Lennox.

Our young people

Young People's Participation

Having been involved in the recent funding application to Big Lottery, the young people from the Funding Working Group decided that they wanted to keep meeting to ensure that their views are represented in service development across Dean and Cauvin Trust.

Young people have contributed to recent staff interviews as well undertaken presentations to external organisations. Most recently, group members created a series of short videos, identifying how Dean and Cauvin had made a difference to them and saying thank you to those who have supported the organisation. As a thank you, we took the group to Go Ape, this was a great day out, enabling young people (and staff) to overcome their fear of heights!



From paper to practice - all the fun of Crieff!



On the 26th and 27th July 2016, Portland St and Cauvin House waved goodbye to their young people and off we went to Crieff. All young people from the residential units attended which was absolutely fantastic to see... Young people and staff were put out of their comfort zones to undertake a range of activities that required staff and young people to support each other. The whole idea of the event was to build some strong relationships

between young people and workers in an environment that showed that we value our young people...

Fiona Liddle commented "We all feel this was a great success and the rewards are being reaped over and over again. This opportunity helped us break down some of those barriers that can get in the way and form strong foundations with young people moving forward.

A support system that works

A Young Mum's Experience

"When I was pregnant with my first child, I stayed at Cauvin House. I always felt like I got help from staff and when I came home from hospital after giving birth, Cathy stayed up with me and made sure I was ok. I moved away from Edinburgh for a while but when I came back I got help from Dean and Cauvin straight away. I got an Aftercare worker Suzanne who would see me every week and

give me support with lots of things. Suzanne has been there for me through the hardest time in my life and gave me support when I needed it. I now have Rowan and Katie to help me. They come to my house or take me out to groups and support me every week, but I sometimes see Katie more than that! I've had support from Dean and Cauvin for about 4 years and think if I didn't have Cauvin house

or aftercare support, I wouldn't have the chance to be a mum ."
L.O, August 2016

"If I didn't have Cauvin house or aftercare support, I wouldn't have the chance to be a mum"

Dean and Cauvin

Young People are at the heart of all we do at Dean and Cauvin; hence the name change to 'Dean and Cauvin Young People's Trust'. Part of my role involves talking to current and previous clients about the support they have had and the difference it has made to them. Young people often describe the organisation as a family, talking about how staff stuck with them and never gave up on them. It is your support that enables us to do this; so thank you.

Naomi Selim, Deputy CEO

Newsletter

Would you like to submit an article/photo for our next newsletter? Do you have any questions or comments about the contents in this edition?

Please contact Susan Whitelaw on 0131 337 3295 or susans@deanandcauvin.org.uk

Want to work with us?

Our website has up to date details on any job vacancies we may have. You can also email us at recruitment@deanandcauvin.org.uk

Want to support our work?

There are several ways you can help us to continue the work we do with some of Scotland's most disadvantaged young people. Please see our website at <http://www.deanandcauvin.org.uk/work-with-us/support-us/> or call us on 0131 337 3295.



Contact Details

Registered Office: Dean and Cauvin Trust, Exchange Place 3, Semple Street, Edinburgh EH3 8BL

Head Office/Aftercare: 68 St John's Road, Edinburgh, EH12 8AT. Tel: 0131 337 3295

Portland Street: 41 Portland Street, Edinburgh, EH6

Cauvin House: 76 Willowbrae Road, Edinburgh, EH8 7HA

Website: www.deanandcauvin.org.uk **Facebook:** /DeanAndCauvinTrust **Twitter:** /

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Our Funders



In April 2017, Westwater Advocates announced they will be supporting Dean and Cauvin Trust.

Westwater Advocates Stable Director Calum MacNeill QC said, "Everyone has a stake in the well-being of our young people, and those from difficult and challenging backgrounds can benefit hugely from the extra support that Dean & Cauvin Trust work hard to provide. I am delighted that Westwater Advocates will be supporting them in their fantastic work in the coming year."

Without funding we would be unable to carry out the work we do with our young people. We are grateful to the following organisations for their support;



LOTTERY FUNDED

